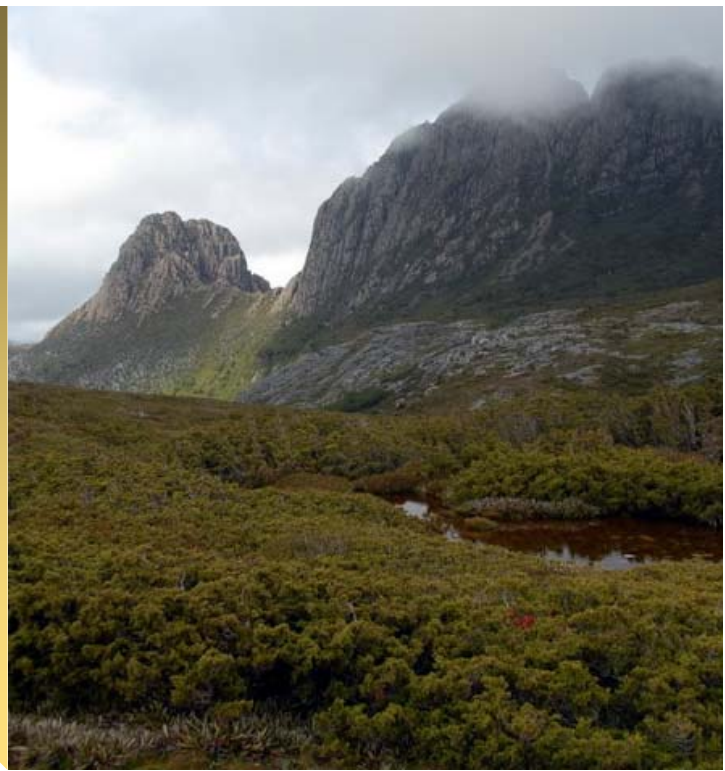


A Spiritual Journey of Awakening the Spirit and Sanctifying the Heart

A Workshop by Dr Reza Samavat
10-12 September 2010



What is the workshop?

This stimulating workshop will familiarise you with the tools you need to unfold your human potential. If you've been trying to make sense of the world and identify your spiritual path, this is the course to experience.

What are the sessions?

- 7 Keys to healthy mind and body: Does health issues concern you? Do you know that health is the knowledge and wisdom of life?
- Dreams- language of the soul: who are those strangers in my dreams? Why do I fly, drawn and fall of the cliff?
- Emotional Intelligence, a prerequisite to spiritual intelligence: Emotional intelligence describes the ability, capacity and the skill to identify, assess and manage the emotions of one's own self and that of others. Spiritual intelligence is the intelligence that makes us whole and gives us integrity.
- Stress Management: Stress is a necessary part of our life. It increases our capacity to grow. Do you handle the stress well?

What will you learn?

You will learn the step by step tools to harness your spirituality, heighten your consciousness, sanctify your heart and accelerate your soul's capacity to progress. You will be introduced to the following skills:

Self Respect,	Health Creation,	Concentration,
Listening/Meditation,	Visualization,	Utilising your Intuition,
Dream Interpretation,	Transformational breath work,	Emotional healing.

A SPIRITUAL JOURNEY OF AWAKENING THE SPIRIT AND SANCTIFYING THE HEART, 10-12 September 2010

Surname Given Names

Address

State: Post Code Ph: (H) Mob:

E-mail: Special Needs Vegetarian Yes/No

I would like to attend: Fee \$130.00 Pay by Cheque or Credit Card

Cheques payable to: "Yerrinbool College". OR/ Please debit my: Bankcard MasterCard Visa

Expiry Date: ___ / ___ / ___ Card No: _____

Name on the Credit Card: Signature:

Please forward Completed Registration form and Cheque to:

YBCL executive Officer : 27 Sierra Street, YERRINBOOL, NSW 2575, | Ph: 02 4883

